



## **CAPTURING THE OUTDOORS**

### **COURSE SUMMARY:**

This course will take place outdoors, as much as the weather allows, and encourages you to carefully observe your surroundings in a way that most of us don't while we are out during our busy lives. In urban areas there are often architectural features on buildings that we only notice when we look up towards the rooftops. Old machinery and patterns in the countryside can be missed if we choose to focus on the path ahead. Our varied coastline has a myriad of features, often indicating powerful natural forces or our own maritime link with the sea. We will try to observe these and capture their images with one photograph chosen for each walk that we take. Learners will be encouraged to use their own cameras/phones, although we can supply basic digital cameras.

#### **ENTRY REQUIREMENTS:**

- Aged 19 or over
- A reasonable level of fitness is desirable as some of the walks will be along unsurfaced paths. Appropriate footwear and outdoor clothing will be required

#### WHAT WILL YOU DO ON THIS COURSE?

- ✓ Participate in a range of group walks in various locations
- ✓ Use a phone or camera to capture a chosen image
- ✓ **Print out** your favorite image and share within group discussion



# PROGRESSION FROM THIS COURSE:

Sign up for another Outdoor Skills course in Orienteering or a Skills for Horticulture course with the Allotment -Sow and Grow.





