



# **CONFIDENCE IN THE WORKPLACE**& DEALING WITH CUSTOMERS

### **COURSE SUMMARY:**

This informal course aims to boost your personal confidence and self-awareness in everyday situations and prepare you for employment in customer service. Why do we sometimes lack confidence? Learn how to make positive changes and encourage self-awareness. You will gain the confidence to develop your customer service skills, appreciate first impressions, how to improve your communication skills and interact with customers

#### WHAT WILL YOU DO ON THIS COURSE?

On the course learners will undertake a wide range of tasks and challenges including:

- ✓ Identify a situation when you feel confident and how you acted in that situation
- ✓ Give an example of where you lack confidence and how you can overcome it
- ✓ Identify social situations which you find uncomfortable & say why
- ✓ How to deal with feeling stressed?
- ✓ Be able to give examples of good practice in customer service
- List reasons why good customer service is important for an organisation
- ✓ How poor customer service can affect customers
- ✓ State why it is important to make a good first impression to customers
- ✓ Identify different ways of communicating with customers
- ✓ State why it is important to maintain customer confidentiality
- ✓ Explain why it is important to respect the needs of customers from different cultures and

from different cultures and backgrounds

#### **ENTRY REQUIREMENTS:**

 No previous experience needed but a willingness to join in some group activities



#### **AWARD:**

Level 1 Award in Progression - Planning for a new confident you

## PROGRESSION FROM THIS COURSE:

Upskill further with an IT course, or a functional skills course in maths or English. Gain work experience or volunteer in a local charity shop or local public service.



