



Education & Skills
Funding Agency



**WORK
SKILLS**

EMERGENCY FIRST AID FOR THE WORKPLACE

COURSE SUMMARY:

Taking part in this one-day workshop will allow you to explore the basic principles of First Aid to prepare you for work and home scenarios that you may experience in the future. On completion of this course, you will receive a certificate of attendance to demonstrate that you have attended the course and have met the course objectives.

ENTRY REQUIREMENTS:

- There are no specific entry requirements for this course
- This course could take place online which would require you to access the sessions via Microsoft Teams, preferably on a computer

WHAT WILL YOU DO ON THIS COURSE?

On this course, you will explore the following topics:

- ✓ **Roles** and responsibilities as a first aider
- ✓ **How to** assess first aid situations
- ✓ **How to** assess a casualty in various scenarios, including minor injuries
- ✓ **The impact** COVID-19 has had on providing emergency first aid
- ✓ **You will** take part in group discussions in small groups, watch First Aid demonstrations and complete a short, fun quiz to confirm what you have learned
- ✓ **Although there** is no formal qualification provided for this course you will receive a certificate of attendance on completion



AWARD:
Unaccredited

PROGRESSION FROM THIS COURSE:

- Highfield – Level 2 Award in Food Safety in Catering
- Highfield - Level 2 Award in Health & Safety Within the Workplace
- Get Ready for English & Maths
- Our range of computer skills courses ranging from Beginners to Level 2



 **Suffolk**
County Council

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THE GATEWAY TO LEARNING IN YOUR COMMUNITY