



Education & Skills  
Funding Agency



## LEVEL 1 CERTIFICATE IN HEALTH AND CARE

### COURSE SUMMARY:

This course aims to equip all learners with the sufficient skills and knowledge to start out in a successful career within the Health and Social care industry.

### ENTRY REQUIREMENTS:

- Aged 19 years or over
- Have an entry level 3 English qualification or equivalent
- Be prepared to contribute to discussions and class activities

### SYNOPSIS

A career working in Health and Social care is extremely rewarding as it covers a diverse range of different job roles. It covers everything from Care Worker, Activities worker, housekeeping assistant, support workers, personal assistants and more. There is a growing demand in Suffolk for Health care workers, the course will provide you with the sufficient skills and knowledge to provide high standards of person-centered care for adults who access these services. Upon successful completion of the course, it will provide learners with a pathway to apply for employment, an apprenticeship or to study at a higher level.

- ✓ **Course duration** is two days a week in the classroom for 10 weeks, additional 1-1 tutorials on Teams can be arranged to provide tutorials and support as needed with the course tutor.
- ✓ **The course consists** of nine modules, which will be delivered using a range of presentation styles and fun activities in the sessions for learners to engage in. The assessment for the course will consist of an e-portfolio, which you will be required to successfully complete by the end of the course.



**AWARD:**  
Gateway Level 1

### PROGRESSION FROM THIS COURSE:

Following on from the successful completion of the course, you will be able to apply for a range of jobs within Health and Social Care, an apprenticeship or further study at a higher level with the Level 2 Certificate in Health and care.



**REALISE  
FUTURE-S**

Enhancing people's lives

THE GATEWAY TO LEARNING IN YOUR COMMUNITY

CONTINUED ON THE NEXT PAGE



Education & Skills  
Funding Agency



**WORK  
SKILLS**

## LEVEL 1 CERTIFICATE IN HEALTH AND CARE

CONTINUED...

### WHAT WILL YOU DO ON THIS COURSE?

Through using a range of activities, research tasks and practical work you will be able to:

- ✓ **Describe the** different types of service provision and roles within Health and Social Care
- ✓ **Explain the** importance of Person-centered support in health, social care and young people's settings
- ✓ **Explore different** types of communication for Adults, Children and Young people in Health and Social care
- ✓ **Identify how** infections spread and the different ways to prevent and control infections
- ✓ **Develop time** management skills
- ✓ **Consider why it** is important to work as a member of a team and to work in partnership with external agencies to ensure we meet the needs of the service user
- ✓ **Describe the** concept of protecting adults and safeguarding children. Learners will also explore what to do and who to talk to if they are concerned for the well-being of a person.
- ✓ **Identify the** main responsibilities of workers and employers for health and safety in health, social care and children's and young people's settings
- ✓ **Understand how** to provide person-centered care for individuals suffering from dementia. You will develop an understanding of what the term 'dementia' means and what the common signs and symptoms of the condition are.
- ✓ **Laptops can** be loaned for the duration of the course to support learners with their course work



**REALISE  
FUTURE-S**

Enhancing people's lives

**THE GATEWAY TO LEARNING IN YOUR COMMUNITY**