



Education & Skills  
Funding Agency



**WORK  
SKILLS**

## LEVEL 2 CERTIFICATE IN COUNSELLING SKILLS

### COURSE SUMMARY:

This course would be useful for anyone who would like to develop their use of counselling skills and will provide a foundation for further study. Learners will be introduced to the use of listening and counselling skills in everyday life and work and some of the approaches that underpin the use of these skills.

### ENTRY REQUIREMENTS:

- Completed the workshop in counselling and listening skills
- Level 1 counselling course or prior experience
- Minimum Level 1 English
- You are not experiencing mental health challenges or currently having counselling

### WHAT WILL YOU DO ON THIS COURSE?

- ✓ **Develop practical** counselling skills
- ✓ **Understand the** different approaches involved in the use of counselling skills
- ✓ **Introduction to** counselling theories
- ✓ **Explore diversity** and ethics in the use of counselling skills
- ✓ **Appreciate the** importance of self-development
- ✓ **Complete a** portfolio of evidence



**AWARD:**  
NCFE CACHE LEVEL 2

### PROGRESSION FROM THIS COURSE:

- Level 3 Award in Counselling Skills and Theory
- Level 3 Diploma in Counselling Skills



**REALISE  
FUTURE=S**

Enhancing people's lives

**THE GATEWAY TO LEARNING IN YOUR COMMUNITY**