

SEPTEMBER 2024 LMI PAGE

Looking for a job? Or know someone that is?



Looking for a job? Or know someone that is? These Fairs are open to anyone looking for a new job or career move. There will be a number of employers offering live jobs and career opportunities, from a range of sectors. There will be the opportunity to:

- Learn about different sectors
- Meet local employers
- Find current vacancies
- Discover training opportunities

It's free to attend with no pre-event registration required! If you're an employer and would like to find out more, please email ipswich.eainbox@dwp.gov.uk

The next date for the Ipswich jobs and careers fair is 2 October 2024

Other Jobs Fairs coming up

- **September**
- 17.09.2024, Newmarket Memorial Centre
- 25.9.2024, The Mix, Stowmarket
- **October**
- 02.10.2024 Haverhill- Art Centre
- 02.10.2024 Ipswich Town Hall – Job Fair
- 09.10.2024 Bury St. Edmunds-APEX
- 09.10.2024 Lowestoft Job Centre
- 16.10.2024 Great Yarmouth Job Centre
- 17.10.2024 Diss Job Centre
- **November**
- 04.11.2024 Suffolk New College, FutureSkills Fair – Suffolk New College
- 07.11.2024 Sudbury Job Centre

[Independent advocacy organisation based in Suffolk \(aceanglia.com\)](http://aceanglia.com)



All Age Advocacy Service

A free drop-in event for you!



Advocacy is empowering people to have a voice and making a real difference to their lives.



You will have plenty of opportunity to talk about the power of advocacy and have your voice heard.



There will be information stands, key speakers and films.



Everyone is welcome, people with a learning disability, autistic people, families, care providers and professionals.



Friday 27 September 2024
11:00am - 3:30pm

Kesgrave Community Centre,
Twelve-acre approach,
Kesgrave, Ipswich, IP5 1JF

Go by public transport: Get a bus from Ipswich train station



Book your FREE ticket on Eventbrite!
<https://tinyurl.com/AdvocacyInSuffolk>



[Thrive: Suffolk Skills & Employment Service](#)

Thrive: Suffolk Skills & Employment Service

Thrive gives adults and young people in Suffolk the tailored support and skills they need to take a first step into employment, education or training.

Bringing together voluntary sector specialist organisations and the county's community colleges, Thrive provides bespoke support for you to access the right employment, education and training opportunities for you.



Funded by
UK Government

Suffolk Job Vacancies

Ipswich's Jobs of the Week 12/08/24

Care/Support

Cephas Care – Various care roles available

Support Worker

Hourly Rate: £11.44 per hour.

Hours: 40 hours per week, this will be inclusive of weekend work.

Job Types: Full-time, Part-time, Permanent, Temporary contract

Objective of Role: You will provide support to individuals, building trust and assisting them to access the community and enjoy daily social activities. This role will be extremely varied, but the focus will be to use a person-centred and innovative approach to facilitate the development of new skills and independence to achieve personal goals.

Homecare Assistant

Hourly Rate: £12.00 per hour. You will also receive travel time pay.

Hours: Contracts are available for up to 40 hours per week, this will be inclusive of some weekend work.

You must be a driver and have access to your own vehicle to be considered for this role.

The role: Supporting individuals, building trust and assisting them in their own home and to access the community to enjoy daily social activities. The role will be extremely varied, but the focus will be to use a person-centred and innovative approach to facilitate the development of new skills and ensure our service users flourish with your care and support. You will assess and deliver customer care needs, provide personal care and medication support and promote independence, dignity, and respect.

Other roles available include Field Care Supervisor, Team Leader and Deputy Team Leader.

Home Instead – Live in Carer

To live in a client's home and provide a variety of non-medical services that enhance the quality of their life. To help clients and their families meet the challenges of aging with dignity, pride, care, and compassion.

- Provide live in care, usually working alone.
- As you will be staying in the client's home, you will follow their house rules and be mindful of their need for privacy.
- You need to be clear about when to seek help and advice to keep clients safe and promote their well-being.

Maintain regular communication with line manager and office staff

Affinity Trust - Support Worker - Harkstead

We support 5 gentlemen who enjoy loads of activities such as car rides, swimming, cinema, football, eating out in restaurants and completing puzzles. Similarly, they enjoy being creative by painting and engaging in arts and crafts. They live in a beautiful 5-bedroom barn with huge grounds in a peaceful village- near Ipswich. We're looking for enthusiastic and outgoing people that share similar interests to join our team with these great individuals.

Construction/Trades

Howard Construction Anglia Ltd

Due to continued growth we are currently recruiting for Skilled & Semi-skilled Groundworkers.

These roles offer long-term opportunities, lasting 4 years or more, at various sites in Suffolk including; Ipswich, Felixstowe, Framlingham, Brantham, Stowmarket, Stowupland, Thurston, Grundisburgh, Bury St Edmunds and Sudbury. Applicants ideally must hold a C.S.C.S card.

Also recruiting for SSSTS Qualified Groundwork's Supervisors, Experienced Groundwork's Labourers and CPC360 Degree Excavator Operators.

Drivers preferred to be able to get to sites but lift shares may be available depending on location.

Education

Premier Education - Wrap Around Care Playworker

15 - 20 hours per week (term time and school holidays) site dependant
Monday to Friday to start September 2024

Premier Education is working collaboratively with primary schools to deliver exceptional before and after school care that is innovative, inspiring and above all a safe environment for all in our care. Your role will be to provide activities in a safe, secure and fun environment, providing an outstanding service for busy parents. Premier Education successfully runs full Wraparound provision in primary schools in the Suffolk Area. We are looking for an outstanding applicant with experience to assist in leading one of our venues.

Presmere Day Nursery

Presmere Day Nursery will be interviewing for a new nursery nurse.

Ideally the candidate will be experienced in childcare with a level 2 or 3 – and they are willing to do training with the right candidate. The hours of work will be Tuesday, Wednesday and Friday 1-5.30pm on a permanent basis with some flexibility to help cover staff holidays and sickness. This is an all-year-round position as we are open 50 weeks of the year, just closing for 2 weeks at Christmas and all the bank holidays. Children are aged from 3 months – 5 years.

Gardening

Shayne and Paul Do it All - Gardeners

Do you have gardening experience?

Are you Self-employed or willing to go Self-employed?

Do you drive and have your own vehicle?

An established expert Home Improvements, Garden Maintenance & Landscaping company are seeking at least 3 Gardeners, Handy person and maintenance personnel. due to the volume of work and growing as a company. You will need good knowledge of gardening, know how to use strimmer and similar tools etc, painting and handyman knowledge & landscaping experience would be beneficial.

Sales

Sales Assistant / Driver

Rate of pay: £24,668 Plus, Quarterly Bonus

Hours: 40 hrs per week

Schedule: Must be available to work shifts between 7am and 5pm Mon-Fri. You will also work some Saturday shifts (8am to noon) on a rotational basis, to which you will have time off in lieu. Will NOT include evenings or Sundays.

Location: Manpower, Ipswich, IP2 0UD

Security

Phoenix Events (East) Ltd

Event Steward - You will be expected to be smart, presentable, and approachable at all times. Your job is to support the smooth running of the event, no two events are the same and you may be required to have a customer facing role or a supporting role. You must be able to obtain a DBS to be eligible for the role.

Security Event Officer - We supply professional and fully licenced SIA security guards who are first aid trained for sites. We also offer a variety of other event-related services, including car parking, traffic management, and NVQ Level 2 qualified stewards. We are passionate about supporting our community, as seen not just by the services we provide to councils, local businesses, and individuals, but also by our involvement with several charities, small-scale events, sponsorship, and community participation.

Night Porter

You will be expected to be smart, presentable, and approachable at all times. Provide excellent customer service. Respond to guest and customer requests courteously and efficiently at all times. Answer in-coming telephone calls and enquires.

Guarding UK

Security Officer

Hourly pay: £12 per hour

Contracted Hours: 38.5 hours per week

Job type: Permanent

Location: Central Ipswich

Our small friendly shopping centre security team has a full-time vacancy.

The role:

- You will be required to patrol the shopping centre and interact with members of the public, businesses within the centre and all contractors and visitors to the site.
- You will be responsible for the health and safety for all at the site and will be trained in emergency preparedness.
- You should have a positive attitude and be able to remain calm and diligent during any incidents that may occur on site.

To apply for this role, you must have an in-date SIA and CCTV licences. You will also need to have experience of using Microsoft packages to complete necessary daily documentation and reporting as part of your role.

For further information and how to apply, please contact your Work Coach or email your CV to ipswich.eainbox@dwp.gov.uk stating which role you are interested in.

Forest Bathing for Stress Management



Wellness Wednesdays: Forest Bathing for Stress Management

Wellness Wednesdays is a series of Forest Bathing Walks Held on the 3rd Wednesday of every month. Each walk is a different experience and all are designed to reset and regulate your nervous system for mental, emotional and physical health. Immerse yourself in the glorious nature of this ancient woodland and leave refreshed, rejuvenated, focused and calm.

What is Forest Bathing?

Forest Bathing, also known as shinrin-yoku, is a wellbeing practice that emerged from Japan. These gentle sensory-immersive walks guided by a Certified Forest Bathing Guide invite participants to move gently and consciously through a series of nature-immersive moments. These moments support a deep connection to nature and enhance physical, emotional and mental wellbeing, including:

Lowers heart rate, blood pressure and cortisol levels.

Reduces stress, anxiety and rumination (repetitive negative thoughts)

Reduces inflammation and physical pain

Restores attention, focus and concentration

Elevates mood

Strengthens immunity

Learn more about forest bathing at <https://adaptablebydesign.com/forest-bathing/>

Your Forest Bathing Guide

Gina Geremia is a highly experienced Certified Forest Therapy Practitioner. Her unique approach to forest bathing and forest therapy promotes the five stages of health and supports enhanced mental, emotional, physical, social, spiritual and environmental health through a carefully crafted yet flexible series of nature connection activities in all types of green and blue space.

[Wellness Wednesdays: Forest Bathing for Stress Management Tickets, Rendlesham Forest, Woodbridge | AllEvents.in](#)