

## LMI Page January 2025



### **Lowestoft Vacancies**

**Cleaner – Vertas Group Limited**, Lowestoft (Benjamin Britten Academy), £11.44 P/H, 44 weeks P/Y, Mon – Fri, 3.30pm - 6.30pm. With experience or would like to be trained. Great customer service and communication skills. **Full details and apply via Indeed**

**Cleaner – Vertas**, Lowestoft (Ashley School), £11.44 P/H, 44 weeks P/Y, Mon - Fri; 05.00am - 08.00am, Ashley School. With experience or would like to be trained. Great customer service and communication skills. **Full details and apply via Indeed**

**Housekeeping Team Member – Gunton Hall Coastal Village**, NMW, part time. **Full details and apply via Warner website**

**Cleaner - Sunrise Academy (Eastern Education Group Trust)**, Lowestoft, £11.71 P/H, 10 hours P/W, 42 weeks per year, 2.30pm - 4.30pm or 4pm - 6pm. Previous cleaning experience, ideally in a school or similar environment (preferred). **Full details and apply via Suffolk Jobs Direct**

**Food Service Assistant- Vertas**, Lowestoft (Ashley School), £11.44 P/H (plus mileage), 38 weeks P/Y, Mon – Fri, 10.15am - 1.15pm. Transporting and Servicing, Driving Licence Required. Opportunity to extend your Catering experience, or to kickstart your career with extensive training in order for you to achieve your career goals. **Full details and apply via Indeed**

**Kitchen Assistant – Kinglsey Healthcare**, Lowestoft (Lilac Lodge & Lavender Lodge), £12 P/H. Previous experience in a similar role is desirable but not essential. Monitor and maintain kitchen cleaning schedules ensuring that all areas of the kitchen are immaculately clean. **Full details and apply via company website**

**Catering Assistant – Elior**, £11.44 P/H, Mon - Fri, 16 hours P/W, term time only, Westwood Primary School. Catering and Barista experience desirable but not essential. DBS and 2 suitable references required. **Full details and apply via Elior website**

**Kitchen Assistant – Oulton Park Care Home**, Lowestoft, £11.94 P/H, 11 hours P/W. Maintaining highest standards in the kitchen and during food preparation process. Formal qualifications aren't necessary, although any similar experience gained in a commercial or care setting would be useful. **Full details and apply through Barchester Healthcare website**

**Waiting Team Member – Corton Coastal Village**, NMW, full time. **Full details and apply via Warner website**

**Front of House – Ivy House Country Hotel**, Lowestoft. Experience an advantage not essential, full training given. **Email [lucy@ivyhousecountryhotel.co.uk](mailto:lucy@ivyhousecountryhotel.co.uk) with cover letter and CV**

**Bar Team Member - Gunton Hall Coastal Village**, NMW, part time. **Full details and apply via Warner website**

**Food Production Operative – GI Group**, Lowestoft, starting rate of £11.87 P/H (overtime rates of time and a half over 40 hours), approx. 20 vacancies. Roles will be based within the Food Production environment, and are primarily packing and quality checking the products. **Full details and apply via GI Group website**

**Yardsperson /Labourer – Selwood**, Great Yarmouth, competitive pay. Driving Licence desirable but not essential, Forklift counterbalance experience would be advantageous, Previous experience within a similar working environment, Reliability is essential for this position. **Full details and apply via company website**

**Skilled Assembly Operative - P&S Personnel**, Great Yarmouth. Mon – Thur, 7:30am - 4:30pm and Friday 7:30am-1:30pm (OT available and essential, with a bonus payable for 12-hour shifts). On a fast-paced line within the fire-suppression industry. **Full details and apply via CV Library**

**Teaching Assistant - Kingfisher Schools Trust**, Lowestoft (Roman Hill Primary School), £15,459 to £15,953 P/Y pro rata, 27.5 hours P/W, 39 weeks P/Y. Knowledge or experience of a trauma-informed approach to supporting children would be a distinct advantage. **Full details and apply via Find a Job**

**Companion Support Worker - Kingsley Healthcare**, Homecare (Lowestoft Area), £12.50 P/H, bank hours. Full driving licence and access to a vehicle. Support those that are feeling isolated with time, compassion, caring, listening, supporting and being their ‘companion’. To bring a smile and make a difference. **Full details and apply via company website**

**Activities Coordinator - Woodland Court Care Home**, Gorleston, £11.75 P/H, 10:00- 17:00 rolling rota of three shifts on, three shifts off. Paid for DBS. Support you to complete an NVQ qualification. Previous supervisory experience preferred. **Full details and apply via Indeed**

**Customer Service Advisor - Hales Group**, Lowestoft, 35 hours P/W (every other weekend required), £12.21 P/H. Strong communication skills, Excellent phone manner, Good IT Skills, Previous call centre would be advantageous. **Full details and apply via Hales Group website**

**Care Home Administrator – Kingsley Healthcare**, Lowestoft (Kirkley Manor Nursing Home), £12.50 P/H. Previous experience of working in a similar environment is preferred, but not essential. Excellent IT skills, including a proven knowledge of Microsoft Excel and Word. Strong communication and interpersonal skills. **Full details and apply via company website**

**Diary Manager and Admin Support for CAS Probation Director - HM Prison & Probation Service**, position is based Nationally, £27,040 - £33,319. Providing daily diary management and general administrative support. **Full details and apply via Civil Service Jobs website**

**Owner Service Specialist – Awaze**, Lowestoft, 35 hours P/W. Fast-paced environment to address owner questions submitted via telephone, email and digital platforms. **Full details and apply via company website**

**Night Baker - Heil's Bakery**, Lowestoft, £22,880.00 - £41,428.52 P/Y. Previous experience in a bakery or restaurant setting is preferred, with demonstrated skills in food preparation and baking. **Full details and apply via Indeed**

**Customer Services Assistant - Central Coop**, Lowestoft, £12 P/H. Don't need prior experience, you just need to show pride in your appearance and actions, be willing to learn, and have a desire to do and be your best. **Full details and apply via Indeed**

**Horticultural Nursery Assistant - Urban Jungle**, Beccles, £12.21 - £13.25 P/H. Average 37.5 hours P/W (Seasonal Variation) – Must be available any 5 days a week, including weekends. Genuine passion for plants and horticulture. **Full details and apply via Indeed**

**Team member – E S Burroughs & Son**, Beccles, good rates of pay, regular days off (monthly issued rota). Assist with milking, some tractor work, ability to AI (but not essential), general farm duties. **Full details on company Facebook page, to apply email [lindsay@farmline.com](mailto:lindsay@farmline.com) or call Jamie 07803011447**

### Ipswich Vacancies

#### **Domiciliary Healthcare Assistance - Starline Care**

Do you own a driver's licence? Are you seeking a role within Adult Health and Social Care? Starline Care are seeking Domiciliary Healthcare Assistance staff to work in the Ipswich area who have a driver's licence – hourly pay at £12.50 an hour. Experience in the Care sector is preferred but not essential.

#### **Young People Support Worker - Sixteen Plus**

We bridge the gap to independent living for young people aged 16-17 years old - providing support, accommodation and life skills, in preparation for the challenges of life and to help them achieve their goals. Our young people need emotional support, have complex needs and challenging behaviour. We aren't specifically looking for people with experience in the field, we are more looking for the right individual who can relate and work well with young people we support.

#### **Care Worker - Christian Homecare**

Do you own a driver's licence? Are you seeking a role within Adult Health and Social Care and would be prepared to become self-employed? Christian Homecare are seeking self-employed Care Workers to work in the Ipswich area who have a driver's licence – hourly pay at £15 an hour. Experience in the Care sector is preferred but not essential. Various hours available – both Full/Part time hours.

#### **Warehouse Operative – Adecco**

Do you have experience in a warehouse environment? Are you seeking further work in Logistics Distribution and Supply Chain? Adecco are seeking a Warehouse Operative to work in Ipswich IP1, Mon-Fri, 7am-4:30pm. Initially the role is temporary but can potentially lead to a permanent offer. If you have the experience and wish to apply please speak to your work coach.

#### **Care Assistant - Prestige Nursing**

Are you seeking a position in the Care sector? Prestige Nursing are seeking Care Assistant's with a driver's licence to work in the Ipswich area. As a Care Assistant you would visit clients, assist with any medication, support with meals, personal care and socialising. Prestige Nursing will offer flexible contracts and can offer various patterns of work. No experience is needed for the role. If you're interested, please let your work coach know.

#### **Cleaner – OCS**

OCS are seeking a Cleaner to work in Martlesham, Ipswich, IP5 3RX for 15 hours per week at £11.44 per hour. Weekday shifts are from 06:30 – 08:30 and then on weekends from 07:00 – 09:00 and then 13:00 to 16:00.

A background in cleaning would be advantageous but not essential

### **Primary Teaching Assistant - 4myschool**

4myschool recruit for all kind of support staff within school including, supply teachers, and teaching assistants. Qualifications are not essential; we welcome candidates with transferable skill sets, such as: Support work experience, Graduates in various fields, Backgrounds in psychology, Involvement in theatre or music , Voluntary work within scouting groups or similar organisations

Those that have completed a relevant qualification

### **Children and Young People Practitioner – Nudge Education**

We are looking for compassionate and innovative Practitioners who are passionate about inclusion and can create a safe environment to inspire young people to see the value in education again.

The key to what we do is focused upon creating a strong connection with our young people. We need people who don't give up at the first hurdle; those who can think and deliver with inventive imagination.

### **HGV Mechanic - KBC Logistics**

We run a big fleet of HGV's and trailers, and we are looking for experienced HGV maintenance staff for our workshop in Felixstowe.

We are looking for at least 2 fitters working in a shift pattern. The work involves the maintenance, repair and MOT preparation of tractor units and trailers, Mercedes experience an advantage but not essential, CE licence advantageous but again not essential.

Salary depends on experience and qualifications

### **The Range Distribution Centre – Stowmarket**

The Range are proud to have opened our brand-new Distribution Centre in Stowmarket. We are seeking Permanent Warehouse Operatives to join our team and be part of our future. 40 hours per week.

As part of The Ranges warehouse team, you will have a busy and active role that will involve sorting, picking, packing, and dispatching products to stores.

Please note you must be able to get to the site via your own transport.

### **Sherrington House – Kitchen Assistant/Cook**

Sherrington House are interviewing for a Kitchen Assistant/Cook for 21 hours per week! We are looking for someone that knows what good home cooking is and is able to provide our residents with good quality, hearty meals that our residents enjoy in the absence of the cook.

If you would like to apply – Please let your work coach know!

### **Security - Trojan Security**

Trojan Security are seeking security guards to work at Portman Road – Ipswich Town Stadium. Both SIA and non-SIA candidate's welcome. Both full-time and part-time roles available with a starting wage at £11.44. Candidates must have a DBS and speak decent English. If you would like an interview, please speak to your work coach now.

### **Wincanton – Warehouse Forklift Driver**

Permanent roles with Shift patterns available

Sproughton Road Ipswich.

Experience and skills:

Forklift Licence and at least 1 year's experience of driving a Forklift. Team player, Flexible approach

Please speak to your Work Coach for more details on how to apply.

### **CB Skip Services - Paint Sprayer and Shotblaster**

The role is from 20-45 hours per week. This is industrial work, we are looking for someone motivated to learn the role and someone who has the ability to work independently and someone keen to get going with the job in hand.

Please ask your work coach for how to apply!

### **Silver Birch Care Home – Care Assistants**

Silver Birch are interviewing for Care Assistants to work Europa Way, Ipswich, IP15DL.

Experience preferred and the role will have you working full-time hours.

If you would like to apply – Please let your work coach know!

### **FirstField - Electrical Apprentice**

Firstfield are currently offering an opportunity for two Apprentice Electricians to join Firstfield Electrical, based in Badley, Stowmarket. This is a great opportunity for anyone wishing to start their career in a niche electrical business. The successful Apprentice Electricians will be fully funded through their 4-year Apprenticeship with paid time off to attend college for studies

### **Graceage Care- Healthcare Assistant**

Are you passionate about providing care and support to others? Are you a people person who enjoys interacting with people and sharing stories? We invite you to become a part of our dedicated team of Health Care Assistants at Graceage Care in ensuring the well-being and comfort of our service users, where you can make a meaningful impact and create moments of happiness in their lives. If this is for you please speak to your Work Coach.

### **Suffolk independent Living**

#### **Carer/Personal Assistant required in Ipswich, Suffolk**

3-4 hours available per weekend and 12 hours available per week in the school holidays for a 5 year old boy.

Understanding HIGH level SEN is important with knowledge of autism, non-verbal, ADHD and global delay

### **Bury St Edmunds Vacancies**

[214 jobs in Bury St. Edmunds](#)

#### **Chef de Partie**

- **First Contact Chefs** - Suffolk, IP33
- **£32,000 to £32,000 per year**
  - Permanent
  - Full time

This stylish and elegant hotel is searching for an enthusiastic Chef de Partie to join their kitchen brigade working with a highly talented Head Chef - looking to achieve and develop the team and your Future

Stunning location - with beautiful views

#### **Care Assistant**

- **Care UK Plc** - Mildenhall, Suffolk, IP28 7NX
  - **£12.00 to £12.00 per hour**
    - Permanent
    - Full time

Are you a passionate and caring individual looking for a rewarding career with excellent training and opportunities for development? Join Care UK, a multi award winning care provider as a Care Assistant. The Role Helping residents to remain as active and ...

### **Care Assistant**

- **Care UK Plc** - Bury St Edmunds, Suffolk, IP33 2EX
  - **£12.00 to £12.00 per hour**
    - Permanent
    - Full time

Are you a passionate and caring individual looking for a rewarding career with excellent training and opportunities for development? Join Care UK, a multi award winning care provider as a Care Assistant. The Role Helping residents to remain as active and ...

### **Cleaner**

- **The Best Connection Group Limited** - IP326JE
  - **£12.00 to £12.00 per hour**
    - Temporary
    - Full time

We are currently recruiting for Cleaners for our client in Bury Saint Edmunds, working either 5.30am - 1:30pm or 3.30pm - 10.30pm. Online application process so you can register from home. Role: Cleaning the gym environment changing rooms and toilets.

### **LGV1 Cat CE Bulk Tipper Drivers**

- **The Best Connection Group Limited** - IP311NQ
  - **£18.00 to £18.00 per hour**
    - Temporary
    - Full time

IMMEDIATE START. We require a Class 1 Tipper Driver for our client based in Bury st Edmonds, Hours are Friday - Tuesday with Midday Start. The role will involve Collecting waste food from Brewery s etc and tipping at farms for animal feed.

### **Jointer**

- **UK Power Networks** - Bury St Edmunds, Suffolk, IP32 7BG
  - On-site only
  - Permanent
  - Full time

79546 - Jointer This Jointer will report to the Lead Operations Engineer and will work within UKPN Services based in our Bury St Edmunds office. You will be a Permanent employee. You will attract a salary of £43,898 plus van and a bonus of 3%.

### **Cleaner**

- **The Best Connection Group Limited** - IP326JE
  - **£12.00 to £12.00 per hour**
    - Temporary
    - Full time

We are currently recruiting for Cleaners for our client in Bury Saint Edmunds, working either 5.30am - 1:30pm or 3.30pm - 10.30pm. Online application process so you can register from home. Role: Cleaning the gym environment changing rooms and toilets Hourly ...

### **NS206 - Cleaning Operative**

- **Monthind Clean** - Bury St. Edmunds, Suffolk
  - On-site only
  - Permanent
  - Part time

Monthind Clean are recruiting for a Cleaning Operative in Bury St Edmunds, IP33. The role is part time working 12.5 hours per week, Monday - Friday 6:00pm - 8:30pm. Rate of pay is £12.00 per hour. You will be required to carry out cleaning tasks in line with ...

### **NS205 - Cleaning Operative**

- **Monthind Clean** - Little Saxham, Bury St. Edmunds
  - On-site only
  - Permanent
  - Part time

Monthind Clean are recruiting for a Cleaning Operative in Saxham, Bury St Edmunds. The role is part time working 10 hours per week, Monday - Friday 6:00 - 8:00am. Rate of pay is £12.00 per hour. You will be required to carry out cleaning tasks.

### **NS203 - Cleaning Operative**

- **Monthind Clean** - Elmswell, Bury St. Edmunds
  - On-site only
  - Temporary
  - Part time

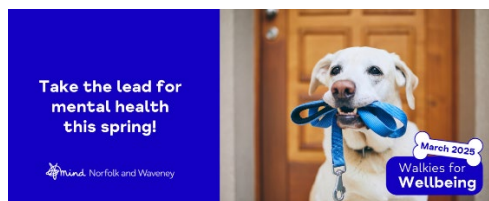
Monthind Clean are recruiting for a Temporary Cleaning Operative in a school in Elmswell, to cover Maternity Leave. The role is part time working 10 hours per week, Monday - Friday 3:30pm - 5:30pm. Rate of pay is £11.50 per hour.

## **Health & Wellbeing**



### **Be Well Bus, Ways to Wellness community events**

Ipswich Town Football Club, Fanzone	01/02/25
Ipswich, World Cancer Day by Suffolk Cancer Support, Saturday, 9.30am – 1pm	08/02/25
Ipswich Town Football Club, Fanzone	15/03/25
Ipswich Town Football Club, Fanzone	19/04/25
Ipswich Town Football Club, Fanzone	10/05/25
Ipswich, Cultural Community Day, Christchurch Park, Wednesday, 11am – 4pm	13/08/25



### **Take the lead for mental health this spring** Calling the dogs of Norfolk and Waveney...

You know how much you enjoy walkies. When your owner says that magic word, your eyes light up – those trips to the park or round the neighbourhood are the highlights of your day. Now think how happy it would make you to know that at the same time, you could help lots of humans feel happier too.

Norfolk and Waveney Mind's Walkies for Wellbeing is the mental health charity's returning fundraising challenge for March 2025. We are asking owners to walk their dogs a set distance during the month, we suggest one of the following distances: 50km, 75km or 100km - it doesn't matter whether you are a Great Dane or a Chihuahua, you can choose what feels right for you. All funds raised will go towards running essential mental health services in Norfolk and Waveney. So don't paws for thought – sign up today. It's a great way to keep fit, boost your owner's wellbeing and raise money to help ensure no one in our region has to face poor mental health alone.

**Wellbeing Friends at Bury St Edmunds**

**Bury St Edmunds Library**

**Jan 20, 2025 12:30 PM**

Are you passionate about mental health? Want to be the person that your friends turn to when they aren't feeling their best? Join Wellbeing Suffolk for this free workshop and become a Wellbeing Friend!

Wellbeing Friends sessions aim to get people thinking about health and wellbeing and how and where they can get help – not just for their own wellbeing but to help others too. The sessions will cover the range of mental health support that's freely available from the Wellbeing Service and Suffolk Libraries, to help with things like improving your sleep, tackling anxiety and learning relaxation techniques.

For more information on other libraries, please visit [Wellbeing Suffolk website](#).



**Shopping Scams**

- If it looks too good to be true, it probably is
- Any doubts about a website or a trader, don't share your financial details
  - Be careful on Black Friday and Cyber Monday
- ALWAYS read the small print - you may be entering into a contract for monthly payments. Don't set up a **Continuous Payment Authority**
- Pay by credit card first, then debit card, both offer increased protection. **Avoid money transfer!**
- **Act quickly** - If you think you have been a victim of fraud, contact your card/account provider
  - Check out online review sites before purchasing
- Subscription & voucher traps - watch out for "free" items

**Scammers will:**

- contact you out of the blue
- ask for personal or financial details
- put you under pressure to respond quickly
  - ask you to keep their offer a secret
- make promises that sound too good to be true

**You should:**

- verify their identity
- look out for grammatical or spelling mistakes
  - never give out your bank details
- never send money to someone you don't know
  - say no to persuasive sales talk

Please report scams to Trading Standards via Citizens Advice Consumer service on 0808 223 1133 or via their [online reporting service](#). If you have lost money or given a scammer your financial details, contact your bank immediately.

Send scam emails to the National Cyber Security Centre at [report@phishing.gov.uk](mailto:report@phishing.gov.uk)  
Trading Standards



Contact: Trading Standards Reception  
0808 223 1133 (all calls are managed by Citizens Advice Consumer Service and then referred to  
us for criminal investigations)  
email [tradingstandards@suffolk.gov.uk](mailto:tradingstandards@suffolk.gov.uk)  
[Suffolk Trading Standards | Suffolk County Council](#)

Further information  
[Friends Against Scams](#) - protecting and preventing people from becoming victims of scams by  
empowering people to take a stand against scams



Protecting elderly & vulnerable people from scams. Committed to protecting people from fraud